

## **12 Step Call Guidelines for Edmonton Area Narcotics Anonymous**

In the spirit of our primary purpose (carrying the message to the still suffering addict), we felt the need for a clear and to the point set of guidelines to follow when doing twelve step calls. The hard won experience of our members has led to the creation of this document.

1. Never do a twelve step call alone, at least two members must be present.
2. When doing twelve step calls aim for women with women, men with men. If this is not possible, at least one member of the same gender should be present.
3. When dealing with an addict you suspect is under the influence of drugs or alcohol, use discretion and be careful.
4. Do not go to the personal residence of an addict to do a twelve step call.
5. Do twelve step calls at a safe public place (e.g. a restaurant or parking lot). Push to meet at an NA meeting.
6. Use extreme discretion when deciding to allow an addict into your vehicle.
7. NA members doing twelve step calls should have a minimum of 6 months clean and experience with the twelve steps of Narcotics Anonymous.

Hopefully these guidelines will help our members in doing twelve step calls. Remember to always keep our primary purpose of carrying the message as the top priority. Stay safe out there.